Dependent Care Flexible Spending Account (FSA) worksheet

It is important to estimate your out-of-pocket expenses since any unused funds at the end of the year or grace period will be returned to your employer. Use this worksheet to calculate how much you should set aside for your dependent care FSA.

Estimate your dependent care expenses

(The IRS allows a 2020 maximum contribution of \$5,000)

Dependent care expenses	
Licensed day care, nursery or preschool	\$
Before and after school care ¹	\$
Summer day camps (not overnight camp) ¹	\$
Eldercare ²	\$
Other:	\$
Estimated total out-of-pocket dependent care expenses	\$

Estimate your annual tax savings from a dependent care FSA

Enter your tax rate ³ and multiply This is your estimated annual tax savings by using a dependent care FSA	x %
Enter your estimated total out-of-pocket health care expenses from above	\$

¹Before and after school care by a licensed provider are considered child care by the IRS. Summer day camps also count as child care. Expenses for overnight summer camps and tuition for kindergarten and first grade (or higher) generally do not qualify for dependent care credit.

² When an elderly or disabled parent is considered a dependent on your taxes and you are covering more than 50% of their maintenance costs.

Need help?

³Depends on your tax filing status. Please consult your tax advisor with questions.

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